

MY VOICE AGAINST VIOLENCE: UNFOLDING REALITIES OF CHARGE AND COURAGE.

Violence wears many faces. It is the hand that strikes, the word that shames, the silence that follows abuse and the system that denies girls their rights to safety and dignity. It hides in homes, classrooms, streets and even in the hearts of those who believe that a girl's worth is less than her brother's.

In my community, I have seen girls with big dreams held back by fear, yet I have also seen courage rise from that same pain. Today I raise my voice, not in anger, but in hope. For too long, silence has been mistaken for peace—yet behind that silence, too many girls have hidden their pains, their fears and their dreams. My voice joins millions around the world who say: "No more".

Today, Violence is not only what we see in the headlines. It may not always be loud. It begins with a 'no' that is ignored, or a boundary that is crossed because her opinion supposedly 'doesn't matter'. It's in the streets where girls walk faster afraid of what might happen next. It lives in the girl who is told that education is not for her and is forced into a marriage before she ^{even} learns her own worth. It's in the way girls are touched without consent, shamed into silence and blamed for the harm done to them. These are not distant stories; these are lived realities of girls in our communities whose cries echo in silence.

But change is unfolding—slowly, yet powerfully. It begins when we replace silence with truth and ignorance with education. When parents teach their sons respect not control. When the government enforces justice, and society learns to listen without blame. Every lesson taught, every law enforced, every voice believed—these are the seeds of a world we're building. Through education, awareness and accountability, we can break the cycle of violence and build a culture of equality.

From this change, courage is born—with it, a girl grows. When a girl feels safe, she learns better, leads stronger and dreams bigger. An empowered girl is a leader, an innovator and a voice for change. As we protect and uplift our girls, we protect our future, secure the strength of nations.



and we build stronger families.

Courage is not the absence of fear, it is the decision to speak even when your voice shakes. And so I speak—for the girls who cannot, for the girls who have been silenced, and for the world that is still learning to listen; the girl child matters.

Every act of courage, no matter how small, creates new realities. When a girl stands up, she opens the door for another. Together our voices form a wave—a wave strong enough to wash away the old walls of violence and build bridges of equality. A girl's cry should not echo in silence and her dreams should not fade under the weight of fear.

I am that voice, you are that voice.

And together, we are the change.

